

Paseo Fitness Center Rules

(Adopted by the Paseo HOA Board of Directors September 22, 2021)

These rules are established to promote the health, safety, welfare and enjoyment of the members, guests, staff, and vendors. All persons are required to read, understand and abide by them at all times.

- The Fitness Center shall be open for use during the days and hours established by the Village Center management.
- Areas of the Fitness Center may be closed for scheduled maintenance or events from time to time.
- Member or guests should first consult a health care provider before using the equipment.
- Members or guests using the equipment assume their own risk. It is the user's responsibility to obtain instruction on proper use of the equipment.
- Alcoholic beverages and food cannot be consumed in the Fitness Center.
- All weights and equipment must be returned to its proper place after usage.
- Disruptive conduct is strictly prohibited.
- Talking on a cell phone or any audio equipment that disturbs other occupants is prohibited.
- It is expected that members and guests will choose to dress appropriately in the Fitness Center. At a minimum, gym shoes should be worn at all times.
- Towels are provided for Fitness Center use only and should remain in the Fitness Center after use.
- Members and Guests should wipe down all equipment after use.
- Children under sixteen (16) years of age are not permitted to use the facility unless supervised by an adult.
- Time limit for strength training machines shall be 20 minutes.
- Members that are circuit training and using multiple machines must yield to other members.